The increasing prevalence of mental health issues throughout Australia’s adult population has heightened the need for Australian organisations to refocus on their duty of care to all employees. The 2015 Mental Health in the Australian Workplace Conference provides a unique and timely forum for organisations to explore current best practice examples and future innovations in identifying and managing a range of mental health issues.

**Date:** Thursday 23rd and Friday 24th April, 2015  
**Location:** Melbourne Convention and Exhibition Centre
Overview

ABS statistics show that one in five Australian adults will experience a mental illness in any given year. Accordingly, mental illness is a major and often underappreciated issue for Australian employees and their organisations. Research indicates that job stress and other work-related psychosocial hazards are emerging as the leading contributors to the burden of occupational disease and injury.

The 2015 Mental Health in the Australian Workplace Conference will provide an important forum for Australian employers to explore current insights and strategies to support mental health within their organisations. In addition to hearing from a range of mental health experts, conference delegates will be exposed to strategies and insights from some of Australia’s best performing organisations in the mental health arena.

Conference themes

• Managing the performance of those struggling with mental health issues
• Get to know mental health in the workplace
• Managing the risk of psychological injury – your obligations
• Why psychological safety is just as important as physical safety
• The role of employers and workplace colleagues can perform in encouraging a mentally healthy workplace
• Creating a wellbeing workplace culture – A case study
• Destigmatising mental illness in the workplace
• The future of stress in the workplace – is there an end in sight?
• Enhancing organisational wellbeing

Organiser

The Australian School of Applied Management (ASAM) oversees several of Australia’s leading adult education institutions including the Workplace Training Advisory of Australia, Women & Leadership Australia and the WTAA Registered Training Organisation. In addition to an expansive range of management education services, ASAM’s relationship with a unique public and private sector stakeholder group enables it to track the ever changing needs of the Australian workforce. ASAM’s Seminars and Events arm is one of Australia’s leading providers of professional development conferences covering such areas as employee engagement and wellbeing, diversity and gender equality, organisational culture and leadership and management.

Audience

The 2015 Mental Health in the Australian Workplace Conference represents a critical platform for all Australian organisations to explore their duty of care to their employees. As such, a wide range of human resources practitioners and professionals within the workplace health arena will be in attendance. Conference presentations will be appropriate for organisations across the public, private and not-for-profit sectors.

Conference details

Date: April 23rd and 24th, 2015
Location: Melbourne
Venue: Melbourne Convention & Exhibition Centre
1 Convention Place
South Wharf, VIC

For further information

Veronica Lake
Conference Director
1300 138 037
vlake@asam.edu.au
### Agenda

#### Thursday 23rd April, 2015

<table>
<thead>
<tr>
<th>Time</th>
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<tr>
<td>9.00 – 9.20</td>
<td>Welcome from event MC – Simon Brown - Greaves</td>
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<tr>
<td>9.20 – 9.50</td>
<td>Expert Speaker – Jack Heath</td>
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<tr>
<td>9:50 – 10:30</td>
<td>Expert Speaker – Dr David Butt</td>
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<tr>
<td>10:30 – 10:45</td>
<td>Morning Tea</td>
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<tr>
<td>10:45 – 11:30</td>
<td>Expert Speaker - Professor Pat Dudgeon</td>
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<tr>
<td>11.30 – 12.15</td>
<td>Expert Speaker – Andrew Douglas</td>
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<td>12.15 – 1.15</td>
<td>Lunch</td>
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<tr>
<td>1.15 – 2.30</td>
<td>Panel Session – Andrew Douglas, Bridget Organ and Simon Brown Greaves</td>
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<td>2.30 – 3.15</td>
<td>Expert Speaker – Alan Woodward</td>
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<td>3.15 – 3.30</td>
<td>Afternoon tea</td>
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<td>3.30 – 4.10</td>
<td>Expert Speaker – Fay Jackson</td>
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<td>4.10 – 4.40</td>
<td>Frank Quinlan - CEO Mental Health Australia</td>
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#### Friday 24th April, 2015

<table>
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<tr>
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<td>Expert Speaker – Dr Jennifer Bowers</td>
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<tr>
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<td>Panel Session – Dr Peta Miller, Jono Nicholas, Michele Grow and Simon Brown Greaves</td>
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<td>2.10 – 2.50</td>
<td>Expert Speaker – Georgie Harman</td>
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<tr>
<td>2.50 – 3.00</td>
<td>Review of the Conference – Simon Brown - Greaves</td>
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### Conference Facilitator and Panel Moderator

**Simon Brown-Greaves**  
Director and Organisational Psychologist, FBG Group

Simon Brown-Greaves is an experienced senior executive manager and organisational psychologist with more than 20 years’ involvement in helping businesses and public sector organisations align people and performance. He has extensive experience in managing multi-disciplinary teams and delivering human capital projects and services in the Australian market.

Simon is the co-owner and Director of FBG Group, an organisation that provides high quality, customised leadership and organisational consulting services.
Conference speakers

Jack Heath
CEO
SANE Australia

Jack Heath is the CEO of the national mental health charity SANE Australia. His vision is for Australia to lead the world in mental health services, programs and outcomes. He has been active in mental health since 1997 when he established the Inspire Foundation to address Australia’s then escalating rates of youth suicide. He also established the Inspire Ireland Foundation and the Inspire USA Foundation serving as CEO from 2010-11. From 2011-14, he was an Executive Committee member of the US National Action Alliance for Suicide Prevention. A former diplomat and Centenary Medal recipient, Jack was Senior Adviser to both Prime Minister Keating and Foreign Minister Rudd. He is a member of the Mentally Healthy Workplace Alliance Steering Committee, a director of the Inspire USA Foundation, Chairman of Droghmi Health Institute, a member of the Catholic Church’s Truth, Justice and Healing Council, and patron of the Inspire Foundation. Jack is an Honors Arts and Law graduate from the University of Melbourne and lives in Sydney with his wife Catherine Mfine and children Lucy and Jamie.

Professor Pat Dudgeon
Mental Health Commissioner
National Mental Health Commission

Professor Pat Dudgeon is from the Bardi people of the Kimberly area in Western Australia. She is a psychologist and research fellow at the School of Indigenous Studies at the University of Western Australia. Her area of research includes social and emotional wellbeing and suicide prevention. Amongst her many commitments, she is a Commissioner of the Australian National Mental Health Commission, on the executive board of the Australian Indigenous Psychologist’s Association, and co-chair of the commonwealth Aboriginal Torres Strait Islander Mental Health and Suicide Prevention Advisory Group. She is currently the project leader of the National Empowerment Project: an Indigenous suicide prevention project working with Aboriginal communities across the country. She has many publications in Indigenous mental health in particular, the Working Together: Aboriginal and Torres Strait Islander Mental Health and Wellbeing Principles and Practice. She is actively involved with the Aboriginal community and has a commitment to social justice for Indigenous people.

Dr David Butt
CEO
National Mental Health Commission

David Butt was appointed CEO of the National Mental Health Commission in January 2014. David has 30 years of experience in the health system, much of it at CEO and Executive level. Prior to his appointment to the Commission, David was Deputy Secretary of the Australian Department of Health from August 2011, head of Rural and Regional Health Australia, and the Commonwealth’s first Chief Allied Health Officer. This followed 15 years as CEO of three major health system organisations: Chief Executive of Australian Capital Territory (ACT) Health and Community Care, National CEO of Little Company of Mary Health Care (the Calvary group – one of Australia’s largest not for profit hospitals and health services providers) and CEO of the Australian General Practice Network. Prior to this David worked as an executive in a number of positions in Queensland Health, including as Executive Director of Policy and Planning and for a brief time as Regional Director of Peninsula and Torres Strait health region. David is also a former Chair of the Australian health Ministers Advisory Council (AHMAC).

Andrew Douglas
Principal, Workplace Relations
Practice Group Head (Vic), Workplace Relations

Andrew is Director at M+K Lawyers and Victorian Head of the Workplace Relations team. Andrew is a highly sought after Employment + Safety professional within Australia. Andrew’s proactive approach to understanding ever-changing IR and OHS laws ensures his clients are always one step ahead of their competition. Andrew was the Editor in Chief of the OHS Handbook, a national OHS loose leaf service for OHS practitioners and small to medium size enterprises, and writes on workplace law issues such as industrial relations, employment law, OHS, equal opportunity, privacy, surveillance and workers’ compensation for both print and electronic media. Andrew is also a National Director of The Duke of Edinburgh’s Award in Australia and Chairman of Awards Victoria, and is an Honorary Fellow of the Safety Institute of Australia. Andrew guest lectures at the University of Victoria and VICSH and speaks at various seminars and conferences, as well as providing training, in respect of business development, Industrial Relations, Employment and OHS. Andrew’s principal areas of practice are in Industrial Relations, Employment, Equal Opportunity and OHS Law - appearing in Courts, Tribunals and Commissions throughout Australia.

Jonathon Nicholas
CEO
ReachOut

Inspire Foundation is the organisation behind the youth mental health service ReachOut.com. Jonathon has been CEO of Inspire Australia since 2010 having worked for the organisation since it was founded in 1997. He has an Honours degree in psychology and a Masters of Public Health and much of his career has focussed on understanding how technology can be used to improve the well-being of children and young people. Prior to becoming CEO of Inspire Australia, Jonathon was the Founding CEO of Inspire Ireland Foundation and part of the development team that launched Inspire in the US. He has also consulted on projects for AusAid and UNICEF to improve the human rights of children in Indonesia and Cambodia.

Bridget Organ
Manager
St Vincent’s Hospital Mental Health

Bridget emigrated to Australia in 1986 having completed her training as a general and psychiatric nurse in Oxford, UK. She has been a Psychiatric Nurse for 30 years and has worked in both in-patient, residential rehabilitation, Mental Health Community Support Services and for the most part, community based clinical mental health. Bridget is the Manager of St. Vincent’s Mental Health, an adult public area mental health service providing community, residential and in-patient services for a population of 240,000, as well as regional and state-wide specialist programs for the state of Victoria. The mental health service employs over 250 multi-disciplinary staff and is part of St Vincent’s Hospital, which in turn, is part of Australia’s largest not-for-profit Catholic healthcare provider, St Vincent’s Health Australia. Bridget has a keen interest in the physical health of people with a mental illness. Partnerships and collaboration with primary care and other community based services has been a particular focus of her work.
The 2015 Mental Health in the Australian Workplace Conference

Alan Woodward
Executive Director
Lifeline Research Foundation, Lifeline Australia

Alan has held executive positions with Lifeline Australia for 10 years, contributing to national service development and program performance measurement for the national telephone crisis line and other suicide prevention services. He currently has responsibility for Lifeline Research Foundation and has overseen its growth since establishment in June 2011, including the utilisation of more than $500,000 in donations for research in its first 24 months to build the evidence base on crisis support and crisis intervention towards the prevention of suicide. Alan sits on several advisory committees on suicide prevention and is a Board Director for Suicide Prevention Australia, the national peak association for suicide prevention in this country. He is an experienced evaluator and a Past President of the Australasian Evaluation Society. Alan has a Masters Degree in Social Science and Policy Studies, and a Bachelor of Business (Public Administration) and a Diploma in Arts/Communications. He is a PhD Candidate with Melbourne University, researching the impact of crisis helplines on callers and for the wider community.

Tasha Broomhall
Director, Blooming Minds

Tasha Broomhall, Director of workplace mental health consultancy Blooming Minds, has been providing mental health and wellbeing education programs throughout Australia for 15 years. Tasha has background in psychiatric vocational rehabilitation and has equipped her with both the theory and practical skills to develop innovative programs to improve organisational mental health literacy. Tasha has lead the way by developing a range of resources from workplace education packs, organisational policy templates, membership and mentoring programs, to online and on-site core skills training. Tasha is the author of “Bloom! Mental Health & Wellbeing,” which was listed in SANE Australia’s Top 5 mental health books of 2014 (nominated by the public) and was awarded the 2014 Private Sector Award for Suicide Prevention Initiatives in workplaces. Tasha has keen interest in removing the stigma surrounding mental illness and has developed Blooming Minds workplace wellbeing programs to assist people in taking responsibility for their own mental health and wellbeing and to proactively support the mental health of those around them. From mine sites to executive teams at top tier universities, Tasha cuts to the core of how to have conversations that really make a difference to mental health in workplaces.

Dr Jennifer Bowers
CEO
Australasian Centre for Rural and Remote Mental Health

Dr Jennifer Bowers has a first class honours degree in Science and a PhD in Social Psychiatry from the Australian National University and holds adjunct professorial appointments at Griffith University and James Cook University. She has held chief executive positions in South Australia Mental Health Service and at a Queensland Mental Health facility. She also worked in the Commonwealth Department of Health in both Canberra and Queensland. Jennifer has experience in the not-for-profit and private sector including her own health consulting business focused in Asia. Involvement in the development of a remote tourism facility provided experience of living and working in a remote location. She has been a finalist in the Telstra Business Women’s Awards for Innovation and is a Fellow of the Australian Institute of Company Directors. Jennifer is the inaugural CEO and Managing Director of the NFP Australasian Centre for Rural & Remote Mental Health established over 8 years ago. She continues to lead in the development and implementation of awareness-raising prevention programs and early interventions for Indigenous, agricultural and mining/resource sectors across Australia.

Professor Michael Kyrios
Director
Research School of Psychology / Australian National University Canberra

Mike is Director of the Research School of Psychology at the Australian National University. Most recently, he worked for Swinburne University, where he was Director of the Brain and Psychological Sciences Research Centre and led the National e-Therapy Centre. His areas of expertise include anxiety, depression, obsessive-compulsive spectrum disorders, chronic health, cognitive-behavioural and self-based therapies. Mike has been a member of the APS since 1984 and has contributed to the APS in a broad range of leadership roles, including Executive Director (2011–2013) and President-Elect (2014) on the APS Board and as National Chair of the College of Clinical Psychologists (2004–2006). He has also served on the Constituent Units Review Committee, the National Psychology Education and Training Reference Group, the Ethical Guidelines Committee, Health Workforce Committee, National Psychology Week Working Group, Conference Committees, DSM-5 Working Group and Australian Psychologist Editorial Group.

Dr Peta Miller
Director Australian Strategy Section
Safe Work Australia

Peta has a Bachelor of Applied Science in Occupational Therapy and post graduate qualifications in ergonomics and human factors. Before joining the public service she worked as a rehabilitation consultant with a focus, amongst other areas, in mental health. In 2004 she completed her PhD on the effects of high workload on health, safety and performance. This included a detailed analysis of the variables which predicted work-related stress, fatigue, body discomfort, job satisfaction and performance. Peta has extensive knowledge on the topics of work-related mental disorders and the use of primary prevention approaches including good work design and the duty of care obligations under the work health and safety legislation and the obligations relating to workers’ compensation. She also represents Safe Work Australia on the National Mentally Healthy Workplace Alliance working groups.

Frank Quinlan
CEO
Mental Health Australia

Public policy advocate, father of 3, husband of 1
Frank Quinlan is the CEO of the Mental Health Australia, the peak body representing mental health organisations in Australia. Frank is responsible for implementing the organisation’s vision of “better mental health for all Australians”. Frank was previously the Executive Director of Catholic Social Services Australia, a peak national body for social services organisations providing social and community services to over a million people each year. Frank has a long history of working in the not-for-profit sector, having previously worked at Grassmere Youth Services, Tranmere Street Youth Refuge and the Australian Drug Foundation. He has also held senior positions with the Alcohol and Other Drugs Council of Australia and the Australian Medical Association. Frank is an energetic advocate for disadvantaged Australians and for the community and not-for-profit sector, and has represented the interests of both his members and the sector on numerous government consultative panels and committees. Frank completed tertiary studies at both Monash University and Melbourne University and has been a guest lecturer in public policy programs at the Australian National University. Frank is the father of three daughters and is a recently qualified recreational pilot.
The 2015 Mental Health in the Australian Workplace Conference

Dr Samuel Harvey
Senior lecturer in Workplace mental health
UNSW Research Fellow at Blackdog Institute

Dr Samuel Harvey, MBBS MRCPG MRCPsych PhD, is the Senior Lecturer in Workplace Mental Health at the University of New South Wales (UNSW) and a Research Fellow at the Black Dog Institute. He is a psychiatrist and general practitioner and occupies one of the very few academic positions world-wide to focus specifically on the relationship between mental health and work. Dr Harvey's research seeks to examine on the role work may have in precipitating or perpetuating mental illness and how work-based interventions may be able to prevent or treat common mental disorders. Dr Harvey’s research also considers how standard mental health treatments need to be modified to improve the occupational outcomes for those with both severe and common mental health problems. Much of his research is based in ‘real life’ work situations and he has established close working links with a number of public and private sector employers. Dr Harvey has provided reports and briefings to policy makers both in Australia and the UK.

Over the last five years, Dr Harvey has successfully obtained over six million dollars in grant funding and published more than 40 peer reviewed publications, which have been cited over 900 times. He was recently awarded the Mental Health Association’s 2014 Mental Health Matters Award for Research and Evaluation.

In addition to his research activities, Dr Harvey works as a consultant psychiatrist at St George Hospital and is the Convenor of Psychiatry Teaching for all medical students at UNSW.

Fay Jackson
CEO Vision In Mind
Deputy Commissioner, NSW Mental Health Commission

Fay Jackson, General Manager of Inclusion at RichmondPRA is also the NSW Mental Health Commissioner. She is an Associate Fellow with UTS. Previous to these roles she was the CEO of Vision In Mind for nine years. Fay had her first permanent position at the age of 40 as a 2 day per week Consumer Advocate. She had been told by psychiatrist she would never work or be a valuable member of society. Within 2 years Fay had worked her way up to being the Director Of Consumer Carer and Community Affairs. In Fays positions over the past 15 years all of her staff have had mental health issues most having diagnosis of bipolar and schizophrenia. Some have emerged out of the forensic mental health systems. Fay knows the importance of having work and of having a boss that understands how to support, manage and performance manage people with mental health issues and traumatized backgrounds. However she holds strong to all people following the code of conduct and of people being held accountable for their actions. Fay has been called in to workplaces ranging in size from small government departments to huge multi national oil companies to sort out issues around staff who have been victim to and/or causing issues which the HR department were unable to manage issues in the area of mental health. Fay has been selected as one of the National Mental Health Commissions Leadership Group. She has been the Consumer Consultant on the NSW MHDAGO Programme Council and a member of the National MH Consumer Reference Group. She has won several awards including the Meritorious Service to Community Medal, is a Paul Harris Fellow.

Ms Harman was appointed as the CEO of beyondblue in May 2014, She has significant and broad-ranging policy and service delivery experience in the community, public and private sectors in Australia and the United Kingdom. Previously, she was the Deputy CEO of Australia’s National Mental Health Commission and acted as CEO for several months. The Commission was established in 2012 to provide independent advice to the Prime Minister on the performance of the mental health system and recommend reform actions. Working at the Commission gave Ms Harman a privileged insight of the whole-of-life issues facing individuals and families, and the role of service providers and workers, professional peak bodies, governments and funders. From 2006-2012, Ms Harman worked at the Commonwealth Department of Health where she had national responsibility for Australian mental health, suicide prevention and substance misuse policy and programs, including those targeting Aboriginal and Torres Strait Islander people. She was one of the architects of the 2011 cross-portfolio National Mental Health Reform Budget package. At the same time, she was responsible for the early strategy and development of legislation to introduce plain packaging of tobacco products in Australia – a world first. Before that Ms Harman led the development and early implementation of a significant policy change to lift Australia’s organ and tissue donation rates. From 2003-2006 she was a member of the executive team at the Northern Territory Department of Health and Community Services. Ms Harman has also worked in the community sector and in private enterprise. She came to Australia in 1999 to be the inaugural Executive Director for the Bobby Goldsmith Foundation in Sydney – Australia’s first and largest independent HIV/AIDS charity. She has also worked extensively overseas, particularly in non-government organisations in London.

Michele Grow
Chief Executive Officer
Davidson Trahaire Corpsych

Michele is the CEO of Davidson Trahaire Corpsych (DTC), a national corporate psychology firm providing EAP, critical incident management and employee wellbeing services. Michele has particular expertise in the areas of employee wellbeing and workplace risk management including employee wellbeing, mental health, fatigue management, stress, and bullying. Michele is a regular presenter on workplace issues and has conducted benchmarking research on the impact of work-related issues on individuals. She holds multiple fellowships including Fellow of the Australian Human Resource Institute, Fellow of the Australian Institute of Management, and Associate Fellow of the Australasian College of Health Service Management. Michele is also a member of Chief Executive Women and the Australian Institute of Company Directors and an active participant in the international professional bodies for stress, conflict and workplace bullying. She holds tertiary qualifications in HRM, Corporate Management and Business.
The 2015 Mental Health in the Australian Workplace Conference
Thursday 23rd and Friday 24th April, 2015, Melbourne Convention and Exhibition Centre

Today's date: ____________________________ Phone: ____________________________
Organisation name: ______________________ Fax: ____________________________
Contact name: __________________________ Email: ____________________________
Title/position: __________________________ Postal address: ______________________

Names of participants | Title/position | Email (required for confirmation details)
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Total delegates ________________ Total registration fees due: $ ________________

Payment Methods

☐ Please invoice me

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EFT

A/c Name: Workplace Training Advisory Australia P/L
Bank Name: Westpac, Melbourne
BSB: 033-002
A/c No. 380159

*Please email remittance advice to finance@wtaa.edu.au

Further Details

Telephone: 1300 138 037 Email: info@asam.edu.au Post: PO Box 4079, Melbourne University, VIC 3052

Payment in full must be made prior to event. Submission of this registration form indicates your intent to make full payment. Cancellation Policy – A substitution delegate is always welcome with written notification. Cancellations received up to 6 weeks prior to the event will incur a 50% withdrawal fee. For cancellations received within 6 weeks of the event no refund will be issued. Every effort will be made to contact each attendee should an event be rescheduled or cancelled by WTAA for any reason. If an event is rescheduled or not held for any reason, WTAA’s liability is limited to the event fee only. Indemnity – WTAA reserves the right to change the venue and/or speakers of any event due to circumstances beyond its control. In the event of changes to venue or speakers, or cancellation of the event, WTAA is indemnified against any or all costs, damages, expenses, including legal fees, which are incurred by the attendee/s. In the case of venue change, all reasonable efforts will be made to inform attendees. I understand that by registering myself and/or others as attendees at this event, photos or video may be taken by WTAA of this event, which may be used for marketing purposes.